

MANAGING BURNOUT

Leadership management of burnout is critical for sustaining employee well-being and further ensures staff retention. The scope of managing burnout can range from the individual, organizational, and cultural levels. Please see helpful resources below

- Burnout Among Healthcare Workers in the COVID 19 Era: A Review of the Existing Literature. Front Public Health. 2021 Oct 29;9:750529
<https://www.frontiersin.org/articles/10.3389/fpubh.2021.750529/full>
[\[frontiersin.org\]](https://www.frontiersin.org)
- Forbes: 5 Ways Leaders Can Help Beat Burnout
<https://www.forbes.com/sites/forbeshumanresourcescouncil/2023/06/05/5-ways-leaders-can-help-beat-burnout/?sh=2ce625916d5a>
- Michigan State University: 12 Ways to Reduce Employee Stress and Burnout
<https://www.michiganstateuniversityonline.com/resources/leadership/12-ways-managers-can-reduce-employee-stress-and-burnout/>